

# April

## Brunswick Senior Center

12 East "A" Street

Brunswick, MD 21716

301-834-8115

Cathy Barnes, Coordinator

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>Don't forget to file your taxes by April 18<sup>th</sup>~FREE tax preparation on Wednesdays with appointment</b>	<b>Let's take a fitness challenge~more exercise, walking, etc.</b>	<b>PM Card Parties ~ Join us for an evening of a variety of card games, Rummy, Phase 10, UNO. <u>Refreshments are served.</u> Reservations not necessary, but are appreciated.</b>		<b>1</b> 11:00 Rummikub 1:00 Local Shopping
<b>4</b>  11:00 – 3:30 Wal-Mart Shopping Trip & lunch out	<b>5 9:00 Strength Training</b> <b>CENTER CLOSED</b> <b>5:30 Card Party</b>	<b>6</b> 11:45 Health Minute 12:45 "Regular" Bingo	<b>7 9:00 Strength Training</b> Join us to celebrate our April Birthdays with cake & Ice cream <b>11:00 Crochet Group</b>	<b>8</b> 11:00 Rummikub 1:00 Local Shopping
<b>11</b>  11:00 Walking for fun 11:45 Nutrition Minute 1:00 Craft project	<b>12 9:00 Strength Training</b> <b>CENTER CLOSED</b> MOW Volunteer Appreciation 9 am FSC	<b>13</b> 11:00 "Ask Nurse Steve" <i>Health Info Overload</i> 12:45 "Springy" Bingo	<b>14 9:00 Strength Training</b> 11:00 "Drive me Independent" program Special Menu & Wii Bowling fun 1:00-2:00	<b>15</b> 10:30 am Popcorn & a Movie 1:00 Local Shopping
<b>18</b>  11:00 Walking for fun 1:00 Craft Project	<b>19 9:00 Strength Training</b> <b>CENTER CLOSED</b> <b>5:30 Card Party</b>	<b>20</b> 11:00 Lunch out with Friends followed by <b>BINGO</b> Brunswick House	<b>21 9:00 Strength Training</b> <b><u>Health Fair</u></b> held at Frederick Senior Center. Transportation available, sign-up, limited space.	<b>22</b> <b>CENTER CLOSED</b> <b>COUNTY HOLIDAY</b>
<b>25</b>  11:00 Walking for fun	<b>26 9:00 Strength Training</b> <b>CENTER CLOSED</b>	<b>27</b> 12:45 "Boxed" Bingo	<b>28 9:00 Strength Training</b> <b>11:00 Crochet Group</b>	<b>29</b> 1:00 Local Shopping

*Brunswick Senior Center*  
"Where everyone is someone"